



# Hypertension Diagnosis

Version:	Owner:	Created:
1	Dr Catherine Maytum / Jackie Wenden – Lead Nurse	1 <sup>st</sup> June 2022
Published:	Approving Director:	Next Review
24 <sup>th</sup> March 2023	Rhys Hancock – Director of Nursing, Allied Health Professionals and Governance	1 <sup>st</sup> June 2023

# Hypertension Diagnosis

## Contents

Who does this apply to: .....	3
The protocol does not apply to: .....	3
Protocol: Home Blood Pressure Monitoring:.....	5
Protocol for use of Waiting Room automatic machine .....	6
Tables .....	6

# Hypertension Diagnosis

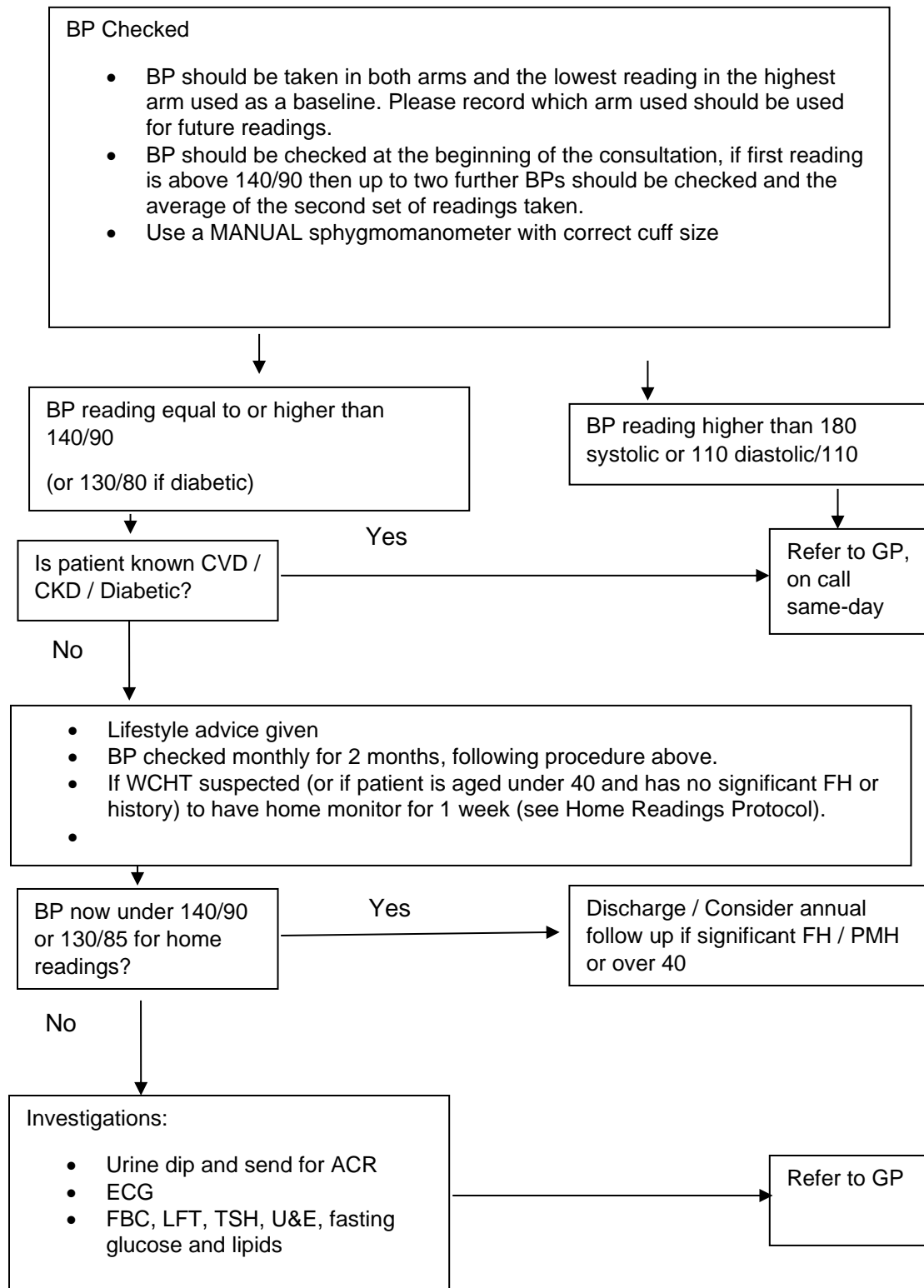
## Who does this apply to:

- Patients seen in nurse consultation with raised BP readings.
- GPs can refer for further assessment of raised blood pressure reading – ask patient to make appointment with Kay/Cally for blood pressure monitoring.

## The protocol does not apply to:

- Patients with diagnosed hypertension

# Hypertension Diagnosis



All investigations to be coded by "O/E- BP reading raised" (using QOF code)

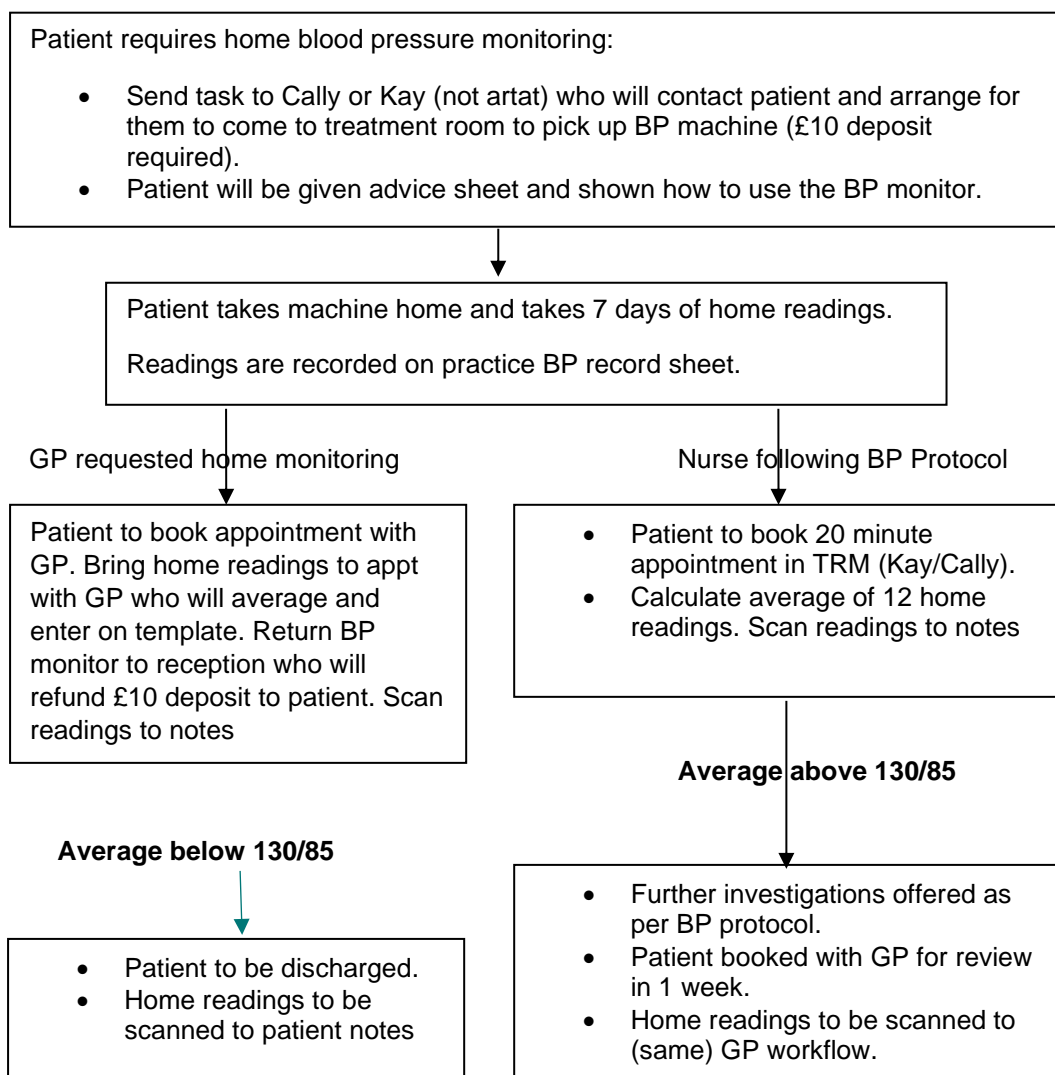
Diagnosis of Hypertension to be added by GP

# Hypertension Diagnosis

## Protocol: Home Blood Pressure Monitoring:

### Who does this apply to:

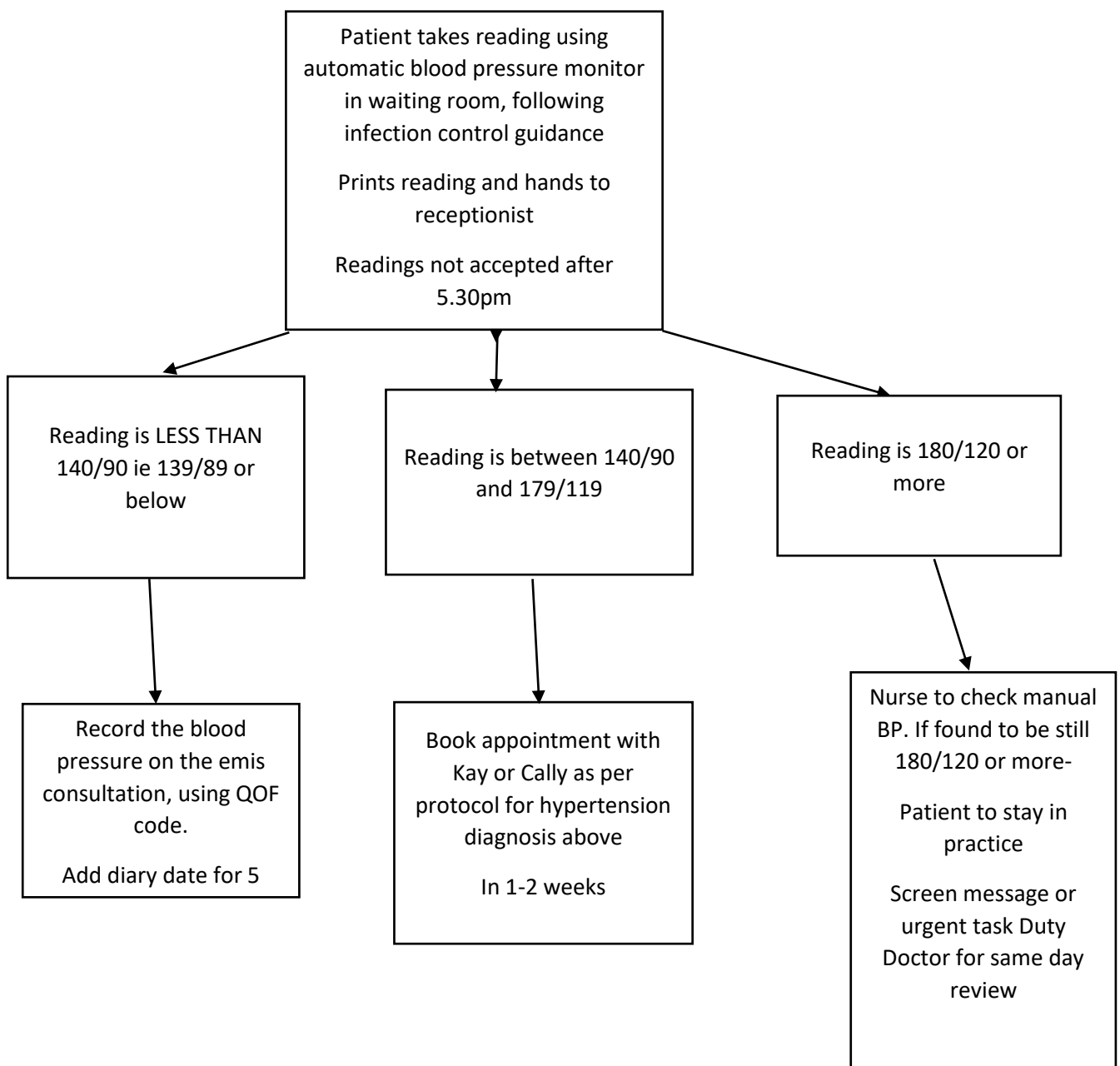
- Patients requiring home blood pressure monitoring:
  - Persistently raised readings (see Hypertension diagnosis protocol)
  - Referred by GP / Chronic Disease Nurse- Jackie or Jayne



# Hypertension Diagnosis

## Protocol for use of Waiting Room automatic machine

- Who does this apply to?
- Patients who have been invited by text message to have a BP check- either because they already have a hypertension diagnosis and have not had a reading recorded in the past year-**OR** because they do not have a diagnosis and have not had a BP reading in the past 5 years.
- This does **not** apply to patients who have Diabetes



## Tables

Date	Version	Author	Changes
------	---------	--------	---------

# Hypertension Diagnosis

June 2022	1	CM / JW	New SOP